

How to Choose Your Confirmation Name & Sponsor

Due by Sunday, February 25th

Confirmation Name Guidelines:

- It should be a saint/biblical name or the derivative of a saint name. (ex: Mariah from Mary)
- It can honor a relative.
- It *can* be your middle name.

On the submission form, be prepared to fill out both:

1. Your Confirmation Name
2. Why you have chosen that name

Confirmation Sponsor Guidelines:

- Church recommends the Godparent – but many choose a separate Confirmation sponsor.
- Must be **16** years of age or older, mature, **confirmed** and a practicing Roman **Catholic**
- **Cannot** be a parent (although a parent can stand in as proxy)
- Does not have to be the same gender
- Should be someone with whom you can have a lifelong ongoing relationship
- Does not have to physically be present at Confirmation (although it is nice if they can be) ex: older sibling at college or godparent out of town (*Someone will just need to stand in as a proxy for the sponsor at the Confirmation ceremony.*)
- Ask God's guidance in making this decision and seek advice from your parents as well.

On the submission form, be prepared to fill out:

1. Your sponsor's first and last name (no nicknames unless you know he or she would prefer his or her name to be written that way in the Confirmation record and ceremony program.)
2. Your sponsor's address complete with zip code.
3. Your Sponsor's Email. I will send Rehearsal & Confirmation information electronically to any sponsor emails provided.

How to Fill out the Form:

Go online to the St. Theresa of Avila Religious Education webpage:

<https://www.sttheresaparishboston.com/religious-education>

See other side for Meaning Behind Choosing a Confirmation Name & Sponsor

